



Highfield Surgery Newsletter

March 2009
Version 2

New Surgery Opening Times

The surgery is now fully open from:

**8.00am to 8.00pm on Monday to Thursday
and from
8.00am to 6.30pm on Fridays**

During these hours patients can phone or call into the surgery to book or cancel appointments, ring for test results or collect prescriptions.

On each of the late opening evenings a Doctor will be working and will offer **routine, booked in advance** appointments. From May we will also have a Practice Nurse on duty who will be offering a variety of nurse services ranging from Ear Syringing to Vaccinations.

All evening appointments will need to be booked in advance

Fylde Coast Medical Services (FCMS) will continue to provide **emergency** cover for the surgery from 6.30pm each evening. If a patient contacts the surgery after 6.30pm requesting an emergency appointment they will be given the number of FCMS so that they can arrange treatment.

The **FCMS** number is **305895**.

Cervical Screening

Every year 1,100 women die of cervical cancer in the UK, and as highlighted recently by the death of Jade Goody, cervical cancer can affect young and old alike. The screening test (smear test) is quick and easy and could save your life. We recommend a first smear at the age of 25 and then regularly to age 65. Our friendly nurses take most of the smears and are expert at making women feel at ease. **We have evening appointments available for women who are too busy to attend during the day.** If you are due a smear test, don't delay, book an appointment today.

What Services can patients access during the Late Evening Openings?

'Fit and Forget Contraception'

As well as the pill we offer long acting methods of contraception at Highfield Surgery. Implanon is a small hormone releasing rod inserted in the upper arm which lasts for 3 years. It is suitable for most women. We also offer copper and hormone coils (mirena) which last 5 years and upwards and would be a good choice for women who have had pregnancies. Depo injections are also available.

If you are interested ask for a leaflet or make an appointment with one of the doctors. Evening appointments are available.

Quit Smoking Service

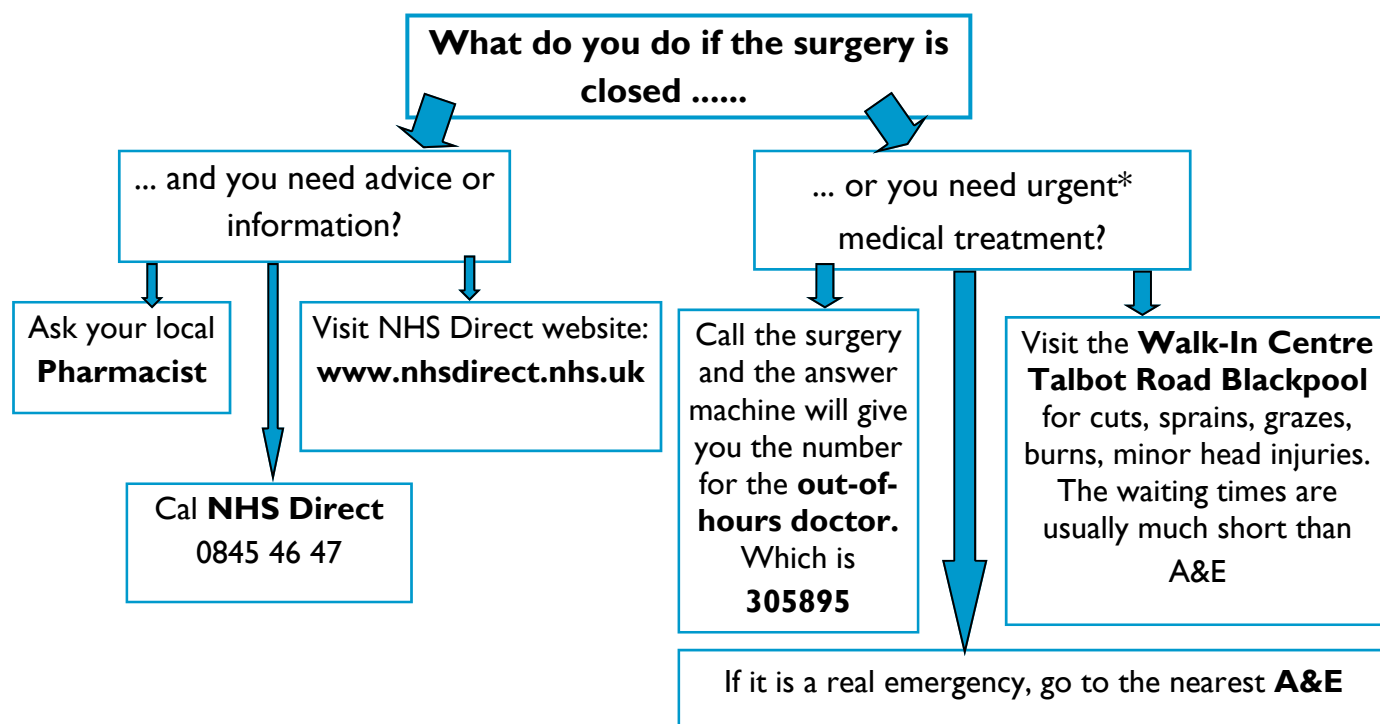
We recognise stopping smoking is difficult and not everyone wishes to attend the stop smoking service. Several of our doctors, all our practice nurses and the practice pharmacist are especially trained to help you stop smoking and are able to offer nicotine replacement on prescription. They can also prescribe Zyban and Champix depending on suitability. Either speak to the doctor or nurse during your appointment or ask the reception staff to book you an appointment (evening appointments are available) or you can leave your name and contact number at reception and one of our stop smoking staff will be happy to contact you.

The answer to the six million dollar question ~ which doctors work which days

A number of changes have been made to the doctors working hours over the last couple of years. Three of our longer serving doctors have reduced their hours and now only work part-time for the practice. In particular Dr Hall is only able to see a relatively small number of patients each week and the number of patients that Dr Priestley and Dr Kelly can see is also reduced. To offset this we have recruited a new full time partner, Dr Dan Bennett.

Below is a table showing the days the different doctors generally work. This is only meant to be a guide because when doctors are away on annual leave other doctors may change their working days to ensure that the practice has enough medical cover.

Day	Morning		Afternoon		Evening
Monday	Dr Inmonger Dr Martin Dr McGuire	Dr Hall Dr Madan Dr Bennett	Dr Inmonger Dr Hall	Dr Bennett Dr Madan	Dr Inmonger
Tuesday	Dr Inmonger Dr Martin Dr McGuire	Dr Madan Dr Bennett	Dr Inmonger Dr Martin Dr Hall	Dr Madan Dr Bennett	Dr Bennett—Alternate weeks Dr Priestley & Dr Kelly (one in four weeks)
Wednesday	Dr Kelly Dr Inmonger Dr Martin Dr McGuire	Dr Hall Dr Madan Dr Bennett	Doctors Professional Development afternoon Emergency cover by FCMS only		Dr Priestley & Dr Kelly (three in four weeks)
Thursday	Dr Priestley Dr Kelly Dr McGuire	Dr Madan Dr Bennett	Dr Priestley Dr Kelly Dr Bennett		Dr McGuire
Friday	Dr Priestley Dr Kelly Dr Inmonger	Dr Madan Dr Bennett	Dr Kelly Dr Inmonger Dr Bennett		



*If you have a long-standing medical condition and do not need treatment right away, please contact the surgery on the next working day to make an appointment.